

CLASS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		White, Yellow 4:30 - 5:15 KINDER (5-8)			White, Yellow 9:00 - 10:00 KINDER (5-8)
White, Yellow 5:30 - 6:30 KINDER (5-8)	Orange, Green, Purple 5:30 - 6:30 YOUTH (8-13)	Brown - Black 5:30 - 6:30 YOUTH/ADULT (13+)	Orange, Green, Purple 5:30 - 6:30 YOUTH (8-13)		ALL 10:00 - 11:00 YOUTH/ADULT (8+)
White - Yellow 6:45 - 8:00 YOUTH/ADULT (8+)	Orange - Black 6:45 - 8:00 YOUTH/ADULT (13+)	White - Yellow 6:45 - 8:00 YOUTH/ADULT (8+)	Orange - Black 6:45 - 8:00 YOUTH/ADULT (13+)	ALL 6:30 - 7:30 * Extra	Brown, Black 11:00 - 12:00 YOUTH/ADULT (13+)
ALL 8:00 - 9:00 * KICKBOXING (10+)		ALL 8:00 - 9:00 * KICKBOXING (10+)		SUNDAYS 11:00 - 12:00 * Extra	ALL 12:00 - 1:30 KUMITE (13+)

Club Programs

KIDS

Kinder I - BEGINNERS:
5-8 years

with no previous training

Kinder II - INTERMEDIATE:
5-8 years (with Sensei's permission)

YOUTH

Youth - BEGINNERS:
8+ years (White and Yellow belts)

Youth - INTERMEDIATE:
8+ years (Orange and Green belts)

ADULT/YOUTH - ADVANCED:
13- 18+ years:
(ORANGE, GREEN, PURPLE,
BROWN, BLACK BELTS)

OTHER

Kickboxing: Ages 13+
(Combines thai boe with kickboxing)

Ladies Self Defense:
To be announced

Advanced Kumite:
With Sensei's permission (included in fees)

Weapons - Ages 8 - ADULT

What do the different color belts indicate?

The way of the empty hand. Woodbine Karate Club uses different recognized color belts to display levels of rank. They are as follows:

WHITE	9th Kyu	WHEN READY
YELLOW	8th Kyu	4 months
ORANGE	7th Kyu	8 months
GREEN	6th Kyu	12 months
PURPLE 1ST	5th Kyu	16 months
PURPLE 2ND	4th Kyu	20 months
BROWN 1ST	3rd Kyu	24 months
BROWN 2ND	2nd Kyu	28 months
BROWN 3RD	1st Kyu	32 months
BLACK 1ST	Shodan	3 to 3 1/2 years
BLACK 2ND	Nidan	2 years after Shodan
BLACK 3RD	Sandan	3 years after Nidan
BLACK 4TH	Yondan	4 years after Sandan

Note: In order to grade students must attend a minimum of 26 classes and all fees must be current. All other classes are an extra charge.

SESSION SCHEDULE

Session 1: September/October/ November

Session 2: December/ January/ February

Session 3: March/ April/ May

Session 4: June/ July/ August

SESSION FEES

ADULTS (18+): \$200/session or one payment of \$700/YR (savings of \$100.00)

YOUTH (8-17): \$186/session or one payment of \$615/YR (savings of \$129.00)

KINDER (5-7): \$150/1x a wk. • \$186 2x a week \$520/YR (savings of \$80.00)

FAMILY: Full price for first adult or youth member, 10 %, off Second member, 20% off third and no charge for fourth or subsequent family members.