

# CLASS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		White, Yellow 4:30 - 5:15 KINDER (5-8)			White, Yellow 9:00 - 10:00 KINDER (5-8)
White, Yellow 5:30 - 6:30 KINDER (5-8)	Orange, Green, Purple 5:30 - 6:30 YOUTH (8-13)	Brown - Black 5:30 - 6:30 YOUTH/ADULT (13+)	Orange, Green, Purple 5:30 - 6:30 YOUTH (8-13)		ALL 10:00 - 11:00 YOUTH/ADULT (8+)
White - Yellow 6:45 - 8:00 YOUTH/ADULT (8+)	Orange - Black 6:45 - 8:00 YOUTH/ADULT (13+)	White - Yellow 6:45 - 8:00 YOUTH/ADULT (8+)	Orange - Black 6:45 - 8:00 YOUTH/ADULT (13+)	ALL 6:30 - 7:30 * Extra	Brown, Black 11:00 - 12:00 YOUTH/ADULT (13+)
ALL 8:00 - 9:00 * KICKBOXING (10+)		ALL 8:00 - 9:00 * KICKBOXING (10+)		SUNDAYS 11:00 - 12:00 * Extra	ALL 12:00 - 1:30 KUMITE (13+)

## Club Programs

### KIDS

**Kinder I - BEGINNERS:**  
5-8 years

with no previous training

**Kinder II - INTERMEDIATE:**  
5-8 years (with Sensei's permission)

### YOUTH

**Youth - BEGINNERS:**  
8+ years (White and Yellow belts)

**Youth - INTERMEDIATE:**  
8+ years (Orange and Green belts)

**ADULT/YOUTH - ADVANCED:**  
13- 18+ years:

(ORANGE, GREEN, PURPLE,  
BROWN, BLACK BELTS)

### OTHER

**Kickboxing:** Ages 13+  
(Combines thai boe with kickboxing)

**Ladies Self Defense:**  
To be announced

**Advanced Kumite:**  
With Sensei's permission (included in fees)

**Weapons** - Ages 8 - ADULT

## What do the different color belts indicate?

The way of the empty hand. Woodbine Karate Club uses different recognized color belts to display levels of rank. They are as follows:

<b>WHITE</b>	9th Kyu	WHEN READY
<b>YELLOW</b>	8th Kyu	4 months
<b>ORANGE</b>	7th Kyu	8 months
<b>GREEN</b>	6th Kyu	12 months
<b>PURPLE 1ST</b>	5th Kyu	16 months
<b>PURPLE 2ND</b>	4th Kyu	20 months
<b>BROWN 1ST</b>	3rd Kyu	24 months
<b>BROWN 2ND</b>	2nd Kyu	28 months
<b>BROWN 3RD</b>	1st Kyu	32 months
<b>BLACK 1ST</b>	Shodan	3 to 31 2 years
<b>BLACK 2ND</b>	Nidan	2 years after Shodan
<b>BLACK 3RD</b>	Sandan	3 years after Nidan
<b>BLACK 4TH</b>	Yondan	4 years after Sandan

Note: In order to grade students must attend a minimum of 26 classes and all fees must be current. All other classes are an extra charge.

## SESSION SCHEDULE

Session 1: September/October/ November

Session 2: December/ January/ February

Session 3: March/ April/ May

Session 4: June/ July/ August

## SESSION FEES

**ADULTS (18+):** \$200/session or one payment of \$700/YR (savings of \$100.00)

**YOUTH (8-17):** \$186/session or one payment of \$615/YR (savings of \$129.00)

**KINDER (5-7):** \$150/1x a wk. • \$186 2x a week \$520/YR (savings of \$80.00)

**FAMILY:** Full price for first adult or youth member, 10 %, off Second member, 20% off third and no charge for fourth or subsequent family members.